



Rehoboth McKinley
Christian Health Care Services



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HEALTH CONNECT



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New Physician Group to Staff Emergency Department

Great patient care and operating efficiency are top-of-mind as RMCHCS begins a new partnership with Emergency Staffing Solutions (ESS) on May 1, 2014. ESS will staff and manage the emergency department (ED) physicians at RMCHCS.

Representatives from ESS were impressed by RMCHCS' ED facilities, ED nursing staff, the degree of care and the 24-hour access to medical resources, saying what RMCHCS provides in emergency services is generally only found in larger, more metropolitan facilities. Shonda Rupe, ESS Chief Operating Officer, commented that "ESS is working closely with RMCHCS to establish a strong working relationship in order to provide the best patient care possible. The patient's emergency room experience is our top priority. We are very excited to have the privilege of serving McKinley County and the surrounding communities."

This new partnership will enhance RMCHCS' focus on the overall quality of care patients receive. ESS shares RMCHCS' goal of a patient's total well-being and its desire to service the community. A person's overall health is essential to quality of life and this is one of RMCHCS' primary goals.

ESS focuses on rural and suburban areas and has a strong network of over 1,000 physicians. They manage EDs and hospitalist programs for over 50 facilities nationwide, including five hospitals in New Mexico.

Diabetes Education Program Receives National Recognition

Congratulations to diabetes educators, Yvonne Peperzak-Blake, RN, MSN, CDE and Carolyn Mahnke, RN, BS, CDE for the successful re-accreditation of RMCHCS' Diabetes Management and Education program by the Diabetes Education Accreditation Program (DEAP) of the American Association of Diabetes Educators. To achieve this nationally recognized accreditation status, the program must show that it meets or exceeds national standards for Diabetes Self-Management Education.



Yvonne Peperzak-Blake, Carolyn Mahnke and Niles McCall

RMCHCS' Continuing Medical Education Program Recognized

RMCHCS' Continuing Medical Education (CME) program was awarded re-accreditation by the New Mexico Medical Society (NMMS) in recognition of its outstanding work in providing medical education to healthcare professionals and staff. Dr. Mary Poel serves as director of the CME program and Niles McCall is program coordina-

National Doctors Day, March 30

Please join us in thanking our providers for the healing work they do in our community.

March is Colorectal Awareness Month

March is Colorectal Cancer Awareness month. This is a good time to find out more about colorectal cancer and how it can be prevented or treated. Colorectal cancer is the second leading cause of death from cancer in the United States, and the third most common cancer overall. Approximately 140,000 new cases of colorectal cancer are diagnosed every year and approximately 56,000 people die each year of this type of cancer.

Colorectal cancer can be prevented and cured if detected and treated early. The risk of colorectal cancer increases with age. If you are 50 years or older, be sure to talk to your provider about a screening test for colorectal cancer. It could save your life.

Patient Safety

Patient Safety is one of RMCHCS' core values. All employees are expected to be proactive in doing what they can to keep patients safe at all times. Providers, nurses, clinical staff, leadership and all other non-clinical staff are expected to watch out for our patients. Preventing patient falls, patient medication reconciliation, infection control, hand hygiene, speaking out for safety are only some of the programs we use at RMCHCS to ensure our patients are safe. Representatives from different departments also gather for a "Daily Safety Huddle" where issues that may impact patient safety are brought up and resolved quickly.



tor. McCall has been instrumental in collaborating and developing partnerships with other healthcare organizations such as GIMC, San Juan Regional Medical Center, UNM Health Sciences Project ECHO telehealth clinics, the New Mexico Pediatric Society, New Mexico Health Resources, New Mexico Heart Institute, New Mexico Society of Anesthesiologists, the Riordan Hand Society, the New Mexico Hispanic Medical Association and the American Association of Physicians and Surgeons.



Barry Mousa, CEO

From the Desk of Barry Mousa, CEO

Making sure you and your family have access to essential healthcare in our community is why we have primary care and specialty services available for you here at RMCHCS. Our dedicated and caring providers, nurses and professional clinical staff give great care to our patients. We are recruiting more pediatric, internal medicine, family medicine, general surgery and OB/GYN providers. I am very pleased to let you know that we expect to have orthopedic services available this summer.

In 2013 RMCHCS conducted a Community Health Needs Assessment which is posted on our website. The Assessment affirmed what we know about the top health needs in Gallup and McKinley County. It also reported that lack of integration and coordination of healthcare in our community has resulted in a health system in which some important needs are left unmet.

In response to this report, we are working on a strategic plan in which mutual focus, cooperation and collaboration will be our focus. These efforts can lead to greater success in bringing together needed resources for the improvement of the overall health of our community.

As we move forward, the RMCHCS Board of Trustees and administrative staff would like to hear your concerns and answer questions. You can email your questions through our website at www.rmch.org. We will be happy to respond.

Behavioral Health Outpatient Counseling Services

This past January, RMCHCS made the financial decision to close down its east campus and discontinue the inpatient addictions recovery program by the end of February. At the same time, a decision was made to move outpatient Behavioral Health Services to RMCHCS' main campus.

Behavioral Health counselors—Emily Kee, LISW; Jeremy Lindsey, LMFT; Yvonne Mandagaran, LPCC and Gretchen Woods, CNS—will continue seeing patients at their offices located in the Behavioral Health Services building on RMCHCS' east campus, until the end of March. At that time, their offices will be moved to the ground floor of the old dialysis building located on RMCHCS' main campus. Appointments can be made by calling 726.6910 and patients will be notified as to the exact date of when they will need to come to RMCHCS' main campus for their appointments.

RMCHCS Community Health Fair to be held at Rio West Mall

Save the date! The Annual RMCHCS Community Health Fair will be held on Saturday, May 3, 2014 from 10:00am – 3:00pm at the Rio West Mall.



Pre-health fair blood screening tests will be available on April 14–18 and April 21–26, 7–9 am in the hospital main lobby. We have added a new test—TSH, thyroid stimulating hormone—to the health fair blood profile screening test, which also includes cholesterol, triglycerides, HDL/LDL and blood sugar levels. The blood profile screening test will cost \$25. Hemoglobin A1C and Prostate Specific Antigen (PSA) blood screening tests will also be offered for \$20 each. This is a savings of \$400 based on what would be charged to have all three screening tests done.

Results of the blood screening tests can be picked up at the Community Health Fair on May 3. To make an appointment for your pre-health fair blood screening tests, call 863.7325.

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